

INDOOR CO2 LEVELS CHART



400PPM
(0.04%)

NORMAL OUTDOOR AIR

TYPICAL CO2 LEVELS FOUND INDOORS

400-1,000PPM
(0.04-0.1%)



1,000-2,000PPM
(0.1-0.2%)

**COMMON COMPLAINTS OF
DROWSINESS OR POOR AIR QUALITY**

**HEADACHES, FATIGUE, STAGNANT, STUFFINESS,
POOR CONCENTRATION, LOSS OF FOCUS,
INCREASED HEART RATE, NAUSEA**

2,000-5,000PPM
(0.2-0.5%)



>5,000PPM
(>0.5%)

**WORKPLACE EXPOSURE LIMIT (AS 8-
HOUR TWA) IN MOST JURISDICTIONS**