

# INDOOR CO<sub>2</sub> LEVELS CHART



400PPM  
(0.04%)

**NORMAL OUTDOOR AIR**

**TYPICAL CO<sub>2</sub> LEVELS FOUND INDOORS**

400-1,000PPM  
(0.04-0.1%)



1,000-2,000PPM  
(0.1-0.2%)

**COMMON COMPLAINTS OF  
DROWSINESS OR POOR AIR QUALITY**

HEADACHES, FATIGUE, STAGNANT, STUFFINESS,  
POOR CONCENTRATION, LOSS OF FOCUS,  
INCREASED HEART RATE, NAUSEA

2,000-5,000PPM  
(0.2-0.5%)



>5,000PPM  
(>0.5%)

**WORKPLACE EXPOSURE LIMIT (AS 8-HOUR TWA) IN MOST JURISDICTIONS**